


# SEL Social/Emotional Learning


## A Social Success

A recent study found that students who took part in social/emotional learning, or SEL, programs improved in grades and standardized-test scores by 11 percentile points compared with nonparticipating students.

**+11** Improved grades & standardized test scores by 11 percentile points

 **More** frequent positive behaviors

**Greater** social skills 

 **Fewer** conduct problems such as bullying and suspensions

**Less** emotional distress 



 **Better** attitudes

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Durlak, J. A., Weissberg, R. P., Dymnicki, A. B., Taylor, R. D. and Schellinger, K. B. (2011), The Impact of Enhancing Students' Social and Emotional Learning: A Meta-Analysis of School-Based Universal Interventions. *Child Development*, 82: 405-432. doi: 10.1111/j.1467-8624.2010.01564.x