

Professional Certification Through Conver U

Professional Development

Social and Emotional Learning (SEL) or what we prefer to call Emotional intelligence (EQ) is a learned ability to identify, experience, understand, and express human emotions in healthy and productive ways. Emotional intelligence skills are primary factors of motivation and the gateway to personal satisfaction, lifelong learning and high levels of achievement.

Children Learn by Example

If a teacher has difficulty in self- management while under stress so do their students. It is critical that teachers and support staff learn, develop and then demonstrate emotional intelligence skills to their students.

Here is a short summary of what we have learned in our 40 years of research and development on the topic of emotional intelligence:

- Emotional intelligence is the most important variable influencing personal achievement and staff and student success.
- Emotional intelligence is a learned ability requiring a systematic, experienced-based approach to assessment, learning and modeling of targeted behaviors.
- Educational institutions do not provide a practical and systematic model to assess, learn and then demonstrate emotional intelligence skills.
- Learning emotional knowledge and skills requires an intentional, active, learner-centered assessment and skill intervention process linked to self-directed coaching, mentoring and visualization.
- Emotional intelligence consists of specific skills, behaviors and attitudes that can be assessed and taught, learned, applied and modeled to improve satisfaction, achievement, behaviors and personal success.

Having teachers possess critical emotional competencies can increase satisfaction, reduce staff turnover and model appropriate behaviors that will increase student achievement and success.

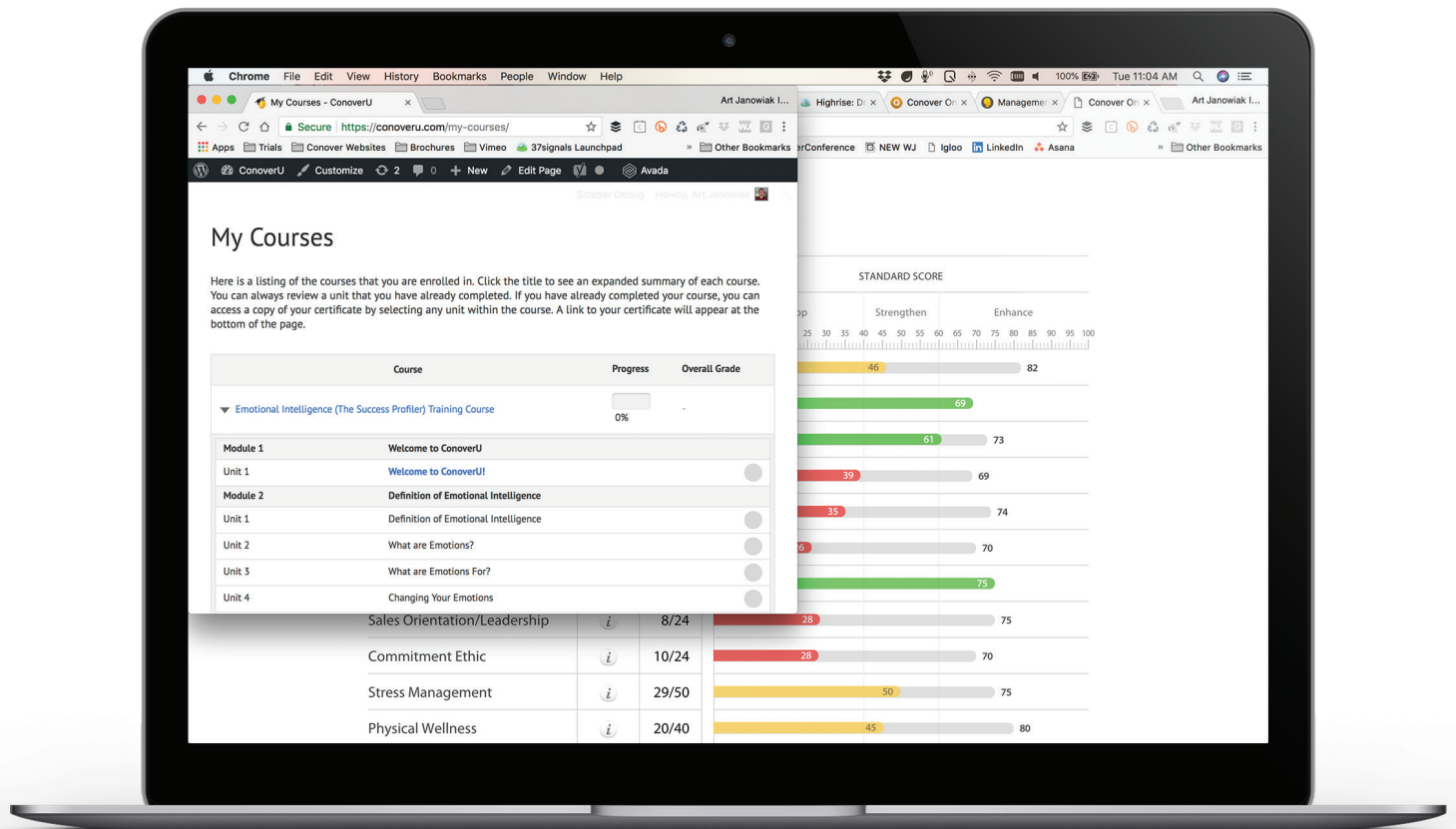
Course Outcomes

- ✓ Learn the history of EQ
- ✓ Learn why EQ is the key to motivation and lifelong learning
- ✓ Gain an understanding of why it is so hard for some special learners to grasp the basics of social skill development
- ✓ Develop an understanding of how EQ impacts academic success
- ✓ Learn the basics of EQ assessment and skill building
- ✓ Take an online research-based EQ assessment
- ✓ Learn how to interpret assessment results and to utilize this information in the IEP process
- ✓ Take an online EQ skill building course based upon your personal development needs
- ✓ Develop a plan of action for teaching EQ skills in both an online self-directed course and an instructor-led course

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How it Works

The Emotional Intelligence Workshop is a live webinar series consisting of four, one-hour long webinars. These workshops are interactive, engaging and fun!



Sign up **today** for the next series to take the first step in improving.

www.conovercompany.com/eq-pd



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